

# Index

## A

- Access 4, 34
  - model 38
  - to land 154
- Accessibility 185-6, 241
- Administrative restructuring 21
- Agricultural - loan 189-90
  - year 204, 208
  - perspective plan 188
  - production 232
- Air transportation 185, 208
- Air-lifting of food 140
- Alcohol 223
- Allo 115
- Animal epidemic 74
- Animal husbandry 110, 113, 231
- Apple (mushroom, vegetable, farming, saplings, herbs) 187, 232, 109, 204, 186
- Asian Development Bank 189
- Asset/Capital (position) 40, 42
- Atagadhari 53

Autonomy 243

Availability (of food) 4-5, 34

## B

- Bada hakim 14, 17, 63-4, 67, 72
- Baisi states 56
- Baj 59
- Bamboo products 114
- Ban manche 53
- Barter system 125
- Bhotia 23
- Biodiversity 108
- Birta 58, 61, 63, 156
- Brahminical ideology 53-4
- Brahminization 53
- Breast feeding 11
- Buddhism 55, 58
- Bureaucracy 17

## C

- Capability deprivation 18, 231
- Case study 197, 212

- Change (in climate) 205
- Chares (Hashish) 128
- Chaupadi 159, 237
- Child marriage 160
- Chinese goods 224
  - government 73
- Chino 74, 85, 103, 139, 199
- Chokha 25, 54, 156
- Cholera epidemic 69
- Collective memory 201
- Commercial cultivation (farming) 199, 233
- Common millet 199, 207
- Communication 11, 18
- Community assets 41
  - forest 113
  - forestry 14
- Conflict 4, 6, 32, 44, 47, 78, 161,
- Conscription of their families 223
- Consumptions 219
- Co-operative organizations 22
- Coping abilities 192
- Coping mechanism 6, 26, 32, 225, 231, 242
- Crops (minor) 182, 184
- Cultural violence 44-5
  
- D**
- Dalit(s) 11, 208-10,
- Daras 14, 57, 64
- Deforestation 131, 141
- Demographic features 214
- Deuda song 49
- Development expenditure 9
  - indicators 10
- Dhami 25
- Dharma bhakari 74-5, 140
- Dhaulagiri range 22
- Discrimination (caste) 14, 143
  - gender 19, 24, 41, 159, 214, 243
- District food management committee 208
- Drought (hailstorms) 5, 27, 75, 78, 159 (25)
- Dum 23-4, 54
  
- E**
- Early warning 180, 239
- Ecological conditions 85
  - services 243
  - system 32, 84
- Employment (opportunities) 185, 223, 225, 240
- Entitlement 4, 33, 39, 43, 242
- Entitlement (structure, exchange, expanded) 19, 35, 100
- Environmental degradation 232
- Epidemic 2, 18, 70
  
- F**
- Famines and hunger 1, 25, 191, 209
- Farm (farming, opportunities) 146, 211
- Faulty development practices 231
- Federal republic, structure 78-9
- Focus group discussion 198, 205, 234
- Food-aid 2, 6-7, 20, 43, 76, 165, 170-1, 173, 177-80, 184, 190-2, 210, 223, 231, 235, 237-8
  - chain 35
  - crisis 21, 139-40, 191, 209
  - culture 15, 20, 85, 100, 237
  - deficit 100, 139, 173-4, 209, 219, 221-2
  - depot 189-91, 208
  - distribution 170, 180, 214
  - entitlement decline 39
  - first 37
  - for work 8, 182
  - habit 36, 46, 203, 210, 233
  - insecurity 5, 46, 139

- prices 5, 203-4  
 production 11, 14, 101, 140, 174, 221, 237  
 requirements 220-1  
 safety 35  
 scarcity 77  
 security 15, 32-6, 46, 83, 145-6, 149, 174, 183, 199, 214, 231  
 self - sufficiency 14-5, 100, 103, 171, 174, 207, 210, 219-20  
 shortage 1, 2, 168  
 sovereignty 8, 9, 33  
 subsidized 170, 173, 181, 185, 188  
 surplus 139  
 system 7, 32, 36, 162  
 Foreign labor (migration, employment) 224, 240
- G**  
 Ganges plain, valley 21, 52  
 Garhwal 52, 207  
 Gender-based exclusion 19  
 Gender inequality 236  
 Geographical exclusion 18-9, 231  
 Globalization 33  
 Gorkha army, state 60, 62  
 Gorkhalis 233  
 Gorkhe lauri 17  
 Grazing facilities 192, 232  
 Grazing lands 14  
 Green revolution 33  
 Guchche chyau 129
- H**  
 Haku VDC 206  
 Hali 217  
 Hali-gado relationship 157  
 Hat Sinja 202, 220  
 Hazards 38  
 Health and sanitation 168  
 Herbs 126, 128, 224, 237  
 Himachal Pradesh 207  
 Himalayas 22  
 Hindu (Hindus, religion) 23, 53, 74, 198  
 HIV/AIDS 135  
 Home Industry 114  
 Honey 132, 219  
 Horizontal inequality 19  
 Horse fairs 111  
 Human Development Index 9  
 Human Rights Action Plan 8  
 Hunger (and famine) 1, 69, 84
- I**  
 Inaccessibility 184  
 indigenous knowledge 169  
 Infant mortality 236  
 Interim Plan 8, 191  
 Internal exchange 100, 162-3  
 Internally Displaced Persons (IDPs) 109, 160  
 Irrigation (canals, development, facility) 106, 146, 164, 205, 210, 232  
 Ista relationship 127
- J**  
 Jadan 24, 72, 155  
 Jads 16, 24  
 Janajatis 15, 152  
 Jari 16, 160, 237, 243  
 Jhara 60  
 Jimmawal 14, 17, 63-4, 67, 74, 166  
 Jumla district 203
- K**  
 Kaguno 85, 103, 139, 199  
 Kala pani 68, 151  
 Kamsal 54, 156  
 Karnali rajya, region, corridor 8, 21, 52, 78, 101  
 highway 6, 78, 187, 191  
 Mukti Morcha 168

Kasturi 59  
 Key informants 197, 212  
 Khalanga (Chinasim) 22  
 Khas 16, 24, 52-5, 72, 211  
 Khasadesa 52  
 Khasan 24, 72, 155  
 Khatyad area 202, 220  
 Khet 153, 216  
 Kiranti people 54  
 Kumaon 52  
 Kaguno crops 74  
 Kusunda 52-3

## L

Lagar 104, 208  
 Land fragmentation 147  
     cultivable 23  
     cultivated 141  
     holding 85, 87, 91, 146, 183, 215-7  
     leasing practice 217-8  
     supply 92  
 Latte 103-4  
 Liberalization policy 188, 190  
 Life expectancy 236  
 Livelihood 185  
     approach 43  
     opportunities 192, 242  
     security 42, 45, 83  
     strategies 20, 39, 184  
 Livestock population 110  
 Loans 225  
 Local food 15, 163, 233, 240  
     knowledge 184  
     leadership 243  
     resources 210  
     seeds 202

## M

Mahabharata range 22  
 Male mortality 212  
 Malnutrition 11, 19

Mansarovar 61  
 Maoist 187, 208-9  
     army 201  
     conflict 45, 225  
     insurgency 47, 109, 235  
 Masta 25  
 Market (season) 125  
 Matawalis 25, 54, 151  
 Migration (to India) 212, 224, 242  
     seasonal 115-7, 211  
     short-term 119  
 Money lenders 225  
 Monsoon 23  
 Mortality (female, male) 214, 216, 218  
 Mount Kailash 61  
 Movement of animals 14, 73  
     of people 73, 140  
 Mugu district 198-9  
 Mukhiyas 14, 17, 63-4, 74, 166  
 Muluki Ain 72

## N

Nagraja 55  
 Natural disasters 27, 33  
     hazards 38, 141  
 Nepal Food Corporation (NFC) 4-6,  
     177-91, 238  
 Non-cultivated food 182  
 Non-farm employment 242  
 Non-farm income 223  
 Non-timber products / NTFPs 128, 238  
 Nutrition (security) 15, 35

## O

Off-farm opportunities 240  
 Out-migration 4, 62, 115, 117-8, 144,  
     160, 240

## P

Pakho (holdings) 153, 216  
 Panchayat political system 73

- Pastures 107  
 Patans 22  
 Personal assets 40, 48  
 Physical exclusion 18, 145, 149, 234  
 Pina VDC 200  
 Political ecology 32  
   economy 19, 39, 46  
   vulnerability 44  
 Polyandry 170  
 Population density 11, 22, 153  
   growth 174, 178, 184  
   pressure 83, 87, 91, 150  
 Poverty gap 13  
   incidence 13  
   severity 13  
 Pressure and Release (PAR) model 38  
 Public distribution 6  
   resources 48  
   sector 18  
 Purification rite 160
- R**  
 Raikar 59  
 Rana regime 63, 68  
 Raute 52  
 Reciprocal exchange 127  
 Regional trading 125  
 Road 187, 232, 234  
   network 185, 241  
   roadlessness 165  
 Root-crops 92, 130  
 Rural Infrastructure Project 181
- S**  
 Salt trade 14  
 Salt Trading Corporation 189  
 Seed production 187  
 Selective migration pattern 213  
 Self-sufficiency (food) 14-5, 219-20  
 Sera 59  
 Sheep 110, 113  
   caravan 122-4, 182  
   farming 203  
   ownership 218  
 Shovani Shah 57  
 Slavery 67  
 Snowfall 27, 134, 231  
 Social accessibility 241  
   capital 16  
   development 243  
   exclusion 18, 241  
   inequality 151  
   insurance 38  
   justice 243  
   protection measures 18  
   regulation mechanism 169  
   structure 41, 54  
 Special agricultural program 204  
 Starvation 2, 4, 19  
 State intervention 184  
 State restructuring 192, 238  
 Structural poverty 33  
 Structural violence 44, 48  
 Structure of feeling 18, 71  
 Stunting 11, 13  
 Sustainable food security 234  
 Sustainable livelihood framework 42,  
   44
- T**  
 Tagadharis 16, 54, 61, 151  
 Taklakot 166  
 Targeting 239  
 TB 135  
 The Lichhavis 55  
 Thek-thiti 62-3, 66, 230  
 Tibet (salt) 73, 84  
 Timber 126, 128  
 Tourism 237  
 Trade - deficit, migration 133, 231  
 Traditional farming system 103, 107  
   safety nets 34

skills 211  
technology 232  
Trans-Himalayan trade 110  
Transhumance 116, 121, 124-5, 140  
Transitory food Insecurity 33  
Transnational Companies/Corporations  
35, 46  
Transportation 11, 18, 174, 188, 239  
blockades 225  
facilities 188  
of food 184-5, 192  
subsidies 234  
Tsampa 162

## U

Uncultivated foods/crops 163, 182,  
222  
Underweight 13  
Uttar Pradesh 207

## V

Vassal state 230  
Vertical (inequality) 19  
Village cooperation 164  
Violence 32, 44-5  
Violent environment 32  
Vulnerabilities 36-8, 133, 135, 184,  
231, 237

## W

Wasting 13  
Wealth rank (status) 19, 197, 201, 212,  
214  
Weather patterns, variability 25-6  
Wildlife 128  
World Food Conference (summit) 33-4  
World Food Program 5, 181-2  
World Trade Organization (WTO) 33

## Y

Yarsagumba 129-30